

## SPORTS MEDICINE



**THANK YOU FOR YOUR INTEREST IN THE  
PRIMARY CARE SPORTS MEDICINE FELLOWSHIP  
AT WESTERN MICHIGAN UNIVERSITY HOMER  
STRYKER M.D. SCHOOL OF MEDICINE (WMed).**

One of the most important reasons to consider continuing your education at WMed is our record for graduating outstanding physicians. WMed physicians serve a patient population of more than one million that generates a diverse range of cases that you will treat in leading-edge medical institutions. As the continuing medical education site for the region, WMed attracts nationally known speakers who will update you on the latest trends, research, and procedures. Additionally, our dedication to quality throughout the program ensures a dynamic and comprehensive experience, which will lay the foundation for a long and successful career.



## EXCELLENCE IN SPORTS MEDICINE



### THE CURRICULUM

The Department of Family Medicine offers a fully accredited, one-year fellowship in primary care sports medicine to train you in the pathophysiology, prevention, diagnosis, treatment and rehabilitation of sports injuries, as well as the management of medical problems and illnesses in the athlete. Clinical experience will occur in different settings, including office practice at Bronson HealthCare Midwest Sports Medicine and Western Michigan University sports medicine clinics. Electives are available in Radiology, Biomechanics, Rehabilitation, Hand Surgery, Scoliosis, Trauma, Foot and Ankle Surgery, Nutrition and Eating Disorders, and other related fields.

### TEAMS

The fellow will serve as the team physician for Kalamazoo College, a Division III college that fields intercollegiate teams in football, men's and women's soccer, basketball, volleyball, and numerous other sports. Other opportunities include event coverage for the USTA Boys National Tennis Championships, professional soccer, professional hockey, area high school athletics, and caring for the Western Michigan University Dance School.

### RESEARCH

Fellows are encouraged to attend and present at the annual meetings of both the American College of Sports Medicine and the American Medical Society for Sports Medicine. The costs to attend both conferences are covered by WMed.

During your course of study, you will participate in ongoing research studies conducted by the faculty. Our goal is to help you develop outstanding research by providing the opportunities and resources needed to make this a natural, comfortable part of your experience here. To help facilitate research, we provide research physician mentors and presentation opportunities and give financial incentives. Sports Medicine fellows also participate in a journal club and various other seminars and presentations, as well as attending the WMed Orthopaedic Surgery residency program's conferences and lectures.

## WEEKLY ACTIVITIES

**Orthopaedic/Sports Medicine Clinics** — Working with a team of primary care physicians and orthopaedic surgeons, the fellow will focus on evaluating and treating sports-related injuries four to five half-days (including a Saturday morning in the fall only) each week. Fellows will work at the Western Michigan University sports medicine clinics and at Bronson HealthCare Midwest Sports Medicine. Teaching residents/students on the sports medicine rotation through the review of x-rays, medical cases, and pertinent publications is also an active component of the fellowship program.

**WMed Clinics** — One day each week working in a busy, primary care continuity clinic will support a variety of experiences to maintain your skills. Throughout the fellowship, there are no obligations for call or rounding on the service. Every third month, the fellow is required to present a lecture to the family practice residents on current primary care sports medicine related topics. Sports medicine patients will be preferentially seen by the fellows.

**Athletic Team Physician and On-Field Experience** — The fellow will function as a team physician for Kalamazoo College. Also during the fall, she or he will work as a team physician for a local high school. The fellow will travel with athletic trainers to schools and will participate in providing on-site care. The fellow will also assist with covering mass-participation events in the community.

**Research** — The fellow will devote at least two half-days per week to research and scholarly activities.



## THE FACULTY

Sports medicine faculty members and a team of podiatrists, nutritionists, physical therapists, athletic trainers, a cardiologist, social worker, and a psychiatrist provide a well-rounded education in sports medicine.

- **Robert J. Baker, MD, PhD, ATC**  
Program Director
- **Will Arbogast, MS, ATC**  
Sindecuse Health Center  
Western Michigan University
- **Quinter Burnett II, MD**  
Orthopaedic Surgeon  
Bronson HealthCare Midwest Sports Medicine
- **Terry L. Nelson, MD**  
Orthopaedic Surgeon  
Bronson HealthCare Midwest Sports Medicine
- **Dilip Patel, MD**  
Pediatrics, WMed
- **Mark Sytsma, MD**  
Orthopaedic Surgeon  
Bronson HealthCare Midwest Sports Medicine  
Team Physician, WMU
- **Rick Tiller, DPM**  
Podiatrist
- **James VanHuysen, DO**  
Primary Care Sports Medicine  
Bronson HealthCare Midwest Sports Medicine
- **Mark Veenstra, MD**  
Orthopaedic Surgeon  
Bronson HealthCare Midwest Sports Medicine
- **Thomas Willmeng, MD**  
Orthopaedic Surgeon  
Bronson HealthCare Midwest Sports Medicine  
Team Physician, WMU
- **Jeff Wilson, ATC**  
Athletic Training & Sports Physical Therapy  
Bronson HealthCare Midwest Sports Medicine

## FOR MORE INFORMATION

Visit the WMed website:  
[med.wmich.edu](http://med.wmich.edu)

Contact the program coordinator:  
(269) 349-2641 ext. 550  
(855) ASK-WMed  
[famprac@med.wmich.edu](mailto:famprac@med.wmich.edu)



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#### **APPLICATION / INTERVIEW PROCESS**

Applications are accepted through ERAS starting in July.

Please include:

- Three letters of recommendation
- Personal statement
- Letter from your residency program director
- Curriculum vitae
- Any research

You must register with the NRMP in order to participate in the Primary Care Sports Medicine Fellowship Match. Please contact NRMP, 2450 N Street NW, Suite 201, Washington, DC 20037-1141 to begin this process. (202) 828-0676, nrmp.org

We conduct interviews for our sports medicine fellowship primarily in October and November. After your application is received and reviewed, you may be contacted to set up an interview.