

# **FAMILY MEDICINE**



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#### THE FAMILY MEDICINE RESIDENCY PROGRAM AT WESTERN MICHIGAN UNIVERSITY HOMER STRYKER M.D. SCHOOL OF MEDICINE (WMed) IS A FULLY ACCREDITED, THREE-YEAR PROGRAM PREPARING PHYSICIANS FOR BOARD CERTIFICATION IN FAMILY MEDICINE.

WMed has a strong history of Osteopathic education that will continue to be an integral part of our family medicine curriculum as the AOA and ACGME enter into a merger and beyond. Both osteopathic and allopathic residents will have the option to take advantage of OMM workshops, hands-on training in osteopathic manipulation, electives in OMM, OMM lectures, and incorporation of osteopathic techniques into everyday clinic experiences.

While focusing on the broad-based skills essential to effectively manage the practical aspects of primary care, our curriculum is flexible to the individual needs and plans of each resident. At WMed you will:

- > Experience the majority of your education and training in the outpatient setting.
- Serve a diverse and underserved patient population located at a Federally Qualified Health Center (FQHC).
- Learn to enact positive change by promoting preventative medicine and community health.
- > Find the teaching by our excellent faculty to be remarkably personalized and hands-on.
- Attend weekly four-hour educational sessions focused on family medicine and community health and practice critical assessment of the literature during our monthly journal club.
- Work with an outstanding group of colleagues who are family-minded and supportive of their fellow residents.
- Perform many office procedures including colposcopy, circumcision, and other office surgeries.
- Follow your own panel of OB patients in addition to training during your four Ob/Gyn months.
- Have the option to do some of your rotations at rural hospitals and office practices.
- Have the opportunity to teach WMed medical students, as well as visiting students.

Residents have private call rooms. You will be on call one-two days per month, and much of the call in years two and three is from home.

We also invite third- and fourth-year osteopathic medical students to apply for elective rotations.

In addition to WMed's educational offerings, you will find the city of Kalamazoo to be one of the most desirable cities in the Midwest. Home to several colleges and a major university, Kalamazoo offers a large selection of cultural and recreational activities.

### EXCELLENCE IN FAMILY MEDICINE

#### THE CURRICULUM

Our goal at Western Michigan University Homer Stryker M.D. School of Medicine is to provide practical experiences to educate you. The curriculum consists of required and elective rotations designed so that you can learn and practice all facets of Family Medicine. Aimed at reflecting the realities of contemporary practice, 65 percent of your education will occur in the outpatient setting, primarily at the Kalamazoo Family Health Center, a FQHC. Every week, you will see your panel of continuity patients two half-days during your first year, three half-days your second year, and five half-days your third year. Almost all of your rotations in year two and three will be outpatient, typically in the office of a specialty group. At first, the attendings and your senior residents will closely instruct and supervise you but as your skill and confidence grow you will be trusted with progressively more responsibility.

Many procedures and a host of office surgeries will become part of your repertoire of clinical skills. Procedures are performed one-on-one with faculty supervision.

You will find the teaching at WMed to be remarkably personalized and hands-on. Inpatient instruction occurs in small groups. You will be one of five or six residents and medical students with the faculty member conducting teaching rounds. You will participate in the daily morning handoff on the Family Medicine inpatient service. Many of our residents feel the informal teaching that occurs among the various programs is what sets WMed apart from other residencies. You will benefit from close working relationships with many of the residents in our nine different WMed residency programs.





#### FAMILY MEDICINE CORE CURRICULUM BY TRAINING YEAR

YEAR 1	YEAR 2	YEAR 3
Orientation/Community Medicine (1 block)	Inpatient Family Medicine (3 blocks)	Inpatient Family Medicine (3 blocks)
Inpatient Family Medicine (3 blocks)	Outpatient Surgery (1 block)	Sports Medicine (1 block)
General Surgery (1 block)	Cardiology (1 block)	Urology (1/2 block)
Outpatient Pediatrics (1 block)	Inpatient Pediatrics (1 block)	Ophthalmology (1/2 block)
Inpatient Pediatrics (1 block)	Outpatient Pediatrics (1 block)	Dermatology (1/2 block)
ICU (1 block)	Practice Management (1 block)	ENT (1/2 block)
Orthopaedics (1 block)	Hospice/Geriatrics (1 block)	Nursery/Clinic (1 block)
Public Health (1 block)	Emergency Medicine (1 block)	Gynecology (1 block)
Emergency Medicine (1 block)	Electives (3 blocks)	Obstetrics (1 block)
Obstetrics (2 blocks)		Electives (4 blocks)

ELECTIVES: Additional months of required rotations, Adolescent Medicine, Allergy/Immunology, Away Rotation, Endocrinology, Endoscopy, Gastroenterology, Hematology/Oncology, Infectious Disease, Mackinac Island Medical Center, Madagascar – Tropical Medicine, Maternal Fetal Medicine, Manual Medicine, Nephrology, Neurology, Orthopaedics, Plastics, PM&R, Podiatry, Practice/Fellowship Audition, Psychiatry, Pulmonary Medicine, Radiology, Rheumatology, Rural Family Practice, Sleep Medicine, Urgent Care, Create your own

#### CONFERENCES

Participation in the didactic curriculum of the residency is an important part of your Family Medicine education. Our residency feels strongly that Family Medicine residents be allowed to participate. We accomplish this by scheduling all conferences as a block on Thursday mornings.

You will attend educational sessions for four hours every Thursday. Monthly topics include Sports Medicine, Geriatrics, Pediatrics, Ob/Gyn, Balint Training, Women's Health Issues, Office Procedures, Pharmacy, Behavioral Science, Practice Management, Interesting Cases from our Inpatient Service, and many others pertinent to Family Medicine. You will practice critical assessment of the literature during our monthly Journal Club.

#### **APPLICATION PROCESS**

*Our program emphasizes* 

physician compassion, versatility,

and responsiveness. We will help

you reach your goal, whether

it's in group practice, managed

care, or a continuing fellowship.

All candidates should submit applications and the following documents through ERAS (Electronic Residency Application Service):

- USMLE results or COMLEX results
- Three letters of recommendation
- Personal statement
- Medical school transcript
- Dean's letter
- Recent photo (optional)
- Curriculum vitae (optional)
- ECFMG status report (if applicable)

#### TAKE THE NEXT STEP

At WMed, you will be challenged clinically and academically in an environment that emphasizes education and learning rather than service coverage. You will be treated as a colleague while being inspired to become an outstanding family physician.

Please visit us on the web for comprehensive, current details on our faculty, residents, conferences, the curriculum, application, and interview information at **med.wmich.edu** or contact us by telephone or email.

(269) 349-2641 ext. 550 (855) ASK-WMed famprac@med.wmich.edu



You will closely interact with our faculty members who have many years of experience and expertise, each one specializing in a different area essential to a comprehensive family medical education. Community physicians with clinical faculty appointments will also be part of your daily experience, whether you are managing their patients in the hospital or learning from them during weekly didactic conferences. All are board-certified family physicians committed to preparing you for successful practice.

You and your fellow residents need to balance the hard work with time spent together having fun and of course time to enjoy your own family and friends. We intend to provide a residency experience that balances all the learning with time for camaraderie and celebration.



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