

# 33rd Annual Developmental Disabilities Conference



*A Conference Co-Sponsored by MDHHS, the Michigan Chapter of AAIDD, and WMU Homer Stryker M.D. School of Medicine*

**April 17-19, 2017**

**Kellogg Hotel & Conference Center**

**East Lansing, MI**



Category 1 CME Credit provided by  
WMU Homer Stryker M.D. School of Medicine



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## Overview & Objectives

### Overview

*The Annual Developmental Disabilities Conference will focus on issues related to healthcare, social, community, and educational services which are of critical importance to the future of persons with developmental disabilities. The program will provide an overview of issues related to the spectrum of services currently available as well as strategies for enhancing these services.*

*The program format is designed to present a variety of expert viewpoints to encourage interaction with health professionals. The combination of didactic and workshop format will allow ample opportunity for participants to engage in discussion with the presenters.*

*This educational program is designed for physicians, nurses, psychologists, social workers, therapists, nutritionists, educators, home care providers, and other professionals interested in the delivery of care and services to persons with developmental disabilities*

### Objectives

*From attending this conference, professionals in developmental disability care will be able to:*

- Identify effective methods for the practical application of concepts related to improving the delivery of services for persons with developmental disabilities.
- Identify advances in clinical assessment and management of selected health care issues related to persons with developmental disabilities.
- Discuss the ethical issues related to persons with developmental disabilities.
- Identify and emphasize attitudes that enhance the opportunities for persons with developmental disabilities to achieve their optimal potential.
- Develop strategies to promote community inclusion in meeting the needs of persons with developmental disabilities.

## Planning Committee

NIECIA ANJORIN, LMSW  
WMU Homer Stryker M.D.  
School of Medicine

JUDITH BRADY, PhD  
Michigan State University  
College of Human Medicine

DIANE CIRIC  
AHS Community Services, Inc.

SUE GABRIEL, PMHNP-BC  
The Right Door

TONY C. KIM, MD  
Community Living Services

DAVID LAMAN, PhD  
Developmental Enhancement

DIANE L. MCCALL, MS, RN  
Wayne Center

STEFANIE NASSAR, PA-C  
Lansing Pediatric Associates

DILIP R. PATEL, MD, MBA  
Conference Co-Chair  
WMU Homer Stryker M.D.  
School of Medicine  
Children's Special Healthcare Services

COURTNEY PUFFER  
WMU Homer Stryker M.D.  
School of Medicine

PRICE PULLINS, MA  
Conference Co-Chair  
Michigan Department of Health & Human Services

CHARLYSS RAY, OTR-L  
Michigan Department of Health & Human Services

CHERYL ROBERTS  
WMU Homer Stryker M.D.  
School of Medicine

## Presenters

THOMAS AKLAND  
Borgess Medical Center

TERESA BAILEY  
Ferris State University

ELIZABETH BURTCH

JOSEPH CALLES JR, MD  
WMU Homer Stryker MD  
School of Medicine

ANN CARRELLAS  
Developmental Disabilities Institute

PAT CARVER

KARIS CASAGRANDE

MARY ANN CATE  
Enhance, Inc.

CARY CEKOLA  
Western Michigan University

ANDY CHAMPINE

VENDELLA COLLINS  
Michigan Developmental  
Disabilities Council

CAILA CONKLIN

ELISABETH DAHL  
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ANNETTE DOWNEY  
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NICOLE DWYER

BRIE ELSASSER  
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JOE'L FARRAR

TAMMY FINN  
The Arc Kent County

MOLLY GABRIEL  
University of Detroit Mercy

SUE GABRIEL PMHNP-BC  
The Right Door

CALVIN GAGE  
Great Lakes Center for Autism  
Treatment and Research

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LISA GROST  
Michigan Department of Health & Human Services

OLGA HADDEN  
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School of Medicine

JOHN HAUGHT

BELINDA HAWKS

DENISE HOFFMAN

DOHN HOYLE

LAURIE JAMISON

JEFFREY KOVAN, DO

LISA LEPINE  
The Arc of Macomb

BARBARA LEROY  
Wayne State University

## Presenters

CHERYL LEVINE  
Michigan Special Education  
Mediation Program

JODY LEWIS  
CHECC Michigan Dept.  
Health and Human Services

JACKIE MALLOW

EMILY OSTROWSKI

KATHERINE PICKARD

PRICE PULLINS  
CHECC Michigan Dept.  
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SARAH RAIYN

KATHERINE RIGLEY-ROWELL

SHERRI RUSHMAN

MATHEW SAFFARIAN

HELGA V. TORIELLO  
Spectrum Health Hospitals

ORLANDO VILLEGAS, PHD  
Southwest Counseling Solutions  
Cruz Clinic

JEFFREY WHITCHER  
Macomb Oakland Regional Center, Inc.

JULIA WHITCHER

KATIE WHITE

CHRISTY YEE

## Sponsors

### **Developmental Enhancement Behavioral Health—Bronze Sponsorship**

**Daly Merrit Insurance**

**Helen DeVos Childrens Hospital**

**Great Lakes Center for Autism Treatment and Research**

**Hanger Clinic**

**Helen DeVos Children's Hospital**

**Michigan Special Education Mediation**

**Morc, Inc**

**Prader-Willi Syndrome Association of Michigan**

**Shriners Hospital for Children—Erie**

**StoneCrest Center**

**Therap Services**

## Workshops by Practice Level

### **Beginner**

- [A3 Targeting Student Engagement Through Sensory-Based Strategies](#)
- [A4 Catching Hope: Hope Givers, Hope Receivers and Hope Stealers](#)
- [A5 MDHHS-Home and Community Based Services Rule Project Implementation Update](#)
- [A7 The State of Self-Advocacy in Michigan: A Statewide coalition of Self-Advocates and leaders](#)
- [B3 LINC 2 the Community: Learning Independence by Navigating the Community](#)
- [B4 Patterns of Cultural Differences: A Conversation](#)
- [C3 My Future and My Life as an Artist, Small Business Owner and Friend](#)
- [D1 Special Education: Communication and dispute resolution resources](#)
- [D2 Developing Successful, Strengths-Based Behavior Plans](#)
- [D4 Guardianship, Alternatives to Guardianship and Informed Consent](#)
- [D6 Energy Balance in Children with Developmental Disabilities](#)
- [E3 MDHHS Autism Program Updates](#)
- [E5 The Pillars of Self-Love: Engaging with the World from a Place of Worthiness](#)
- [E7 Nutrition for your Noggin: Foods and Brain Health](#)
- [F2 Contemporary substance use issues in the developmental disability population.](#)
- [F4 The MSU Autism Research Lab](#)
- [F5 Rethinking Guardianship/Supported Decision Making](#)
- [F6 The Safety and Efficacy of Vitamin Supplements](#)
- [F7 Law Enforcement Perspective on Developmental Disabilities](#)

intermediate



## Workshops by Practice Level

### Intermediate

- [A1 What's New in Genetics](#)
- [A2 Anxiety: All Stressed Up & Know Where to Go!](#)
- [A6 Picky vs. Problem Eaters](#)
- [B1 Use of antipsychotics & anticonvulsants in IDD's](#)
- [B2 The Communication of Behavior](#)
- [B5 Anchors Aweigh: PCP Navigation with Independent Facilitation](#)
- [B6 Mood and Food](#)
- [B7 Developing a Behavioral Response to the Flint Water Crisis](#)
- [C1 "Attention Problems". Autism, ADHD or Intellectual disability?](#)
- [C2 Tornadoes, Hurricanes, Volcanoes, and Earthquakes: The Impact of Emotional Dysregulation in ASD](#)
- [C4 Exploring the Complexities of Supportive Living Options for Individuals with PWS](#)
- [C5 Employment First and "Income Generation for ALL" - Is it really possible?](#)
- [C6 Decision Making for Safer Intake and Swallowing](#)
- [C7 Spectrum Misconception: How our past experiences with Autism test our ability to be person centered](#)
- [D3 Music Therapy and Developmental Disabilities: What You Need to Know](#)
- [D5 Compassionate Caregivers...Pause...Breath...and Don't Pick Up the Rope!!](#)
- [D7 Voices of Adults with I/DD and their families: Michigan National Core Indicators Findings 2016](#)
- [E1 Concussion: What do we know??](#)
- [E2 Human Sexuality and Developmental Disabilities](#)
- [E4 Housing Options for People with Disabilities](#)
- [E6 Medication Update in the Treatment of Osteoporosis in Cerebral Palsy](#)
- [F1 Sexual and Reproductive Health for Adolescents with Disabilities](#)
- [F3 The Medicaid Autism Benefit: Tools and Resources to Manage the Applied Behavior Analysis Benefit](#)

## Workshops by Track

### Medical

- [A1 What's New in Genetics](#)
- [A6 Picky vs. Problem Eaters](#)
- [B1 Use of antipsychotics & anticonvulsants in IDD](#)
- [B6 Mood and Food](#)
- [C1 "Attention Problems". Autism, ADHD or Intellectual disability?](#)
- [C4 Exploring the Complexities of Supportive Living Options for Individuals with PWS](#)
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### Mental Health/Psychiatry

- [A2 Anxiety: All Stressed Up & Know Where to Go!](#)
- [A5 MDHHS-Home and Community Based Services Rule Project Implementation Update](#)
- [A6 Picky vs. Problem Eaters](#)
- [B2 The Communication of Behavior](#)
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# Workshops by Track

## Issues in Transition/Education

- [A6 Picky vs. Problem Eaters](#)
- [B3 LINC 2 the Community: Learning Independence by Navigating the Community](#)
- [C1 "Attention Problems". Autism, ADHD or Intellectual disability?](#)
- [C5 Employment First and "Income Generation for ALL" - Is it really possible?](#)
- [D1 Special Education: Communication and dispute resolution resources](#)
- [E3 MDHHS Autism Program Updates](#)
- [E4 Housing Options for People with Disabilities](#)
- [F4 The MSU Autism Research Lab](#)
- [F5 Rethinking Guardianship/Supported Decision Making](#)

## Trends

- [A1 What's New in Genetics](#)
- [A7 The State of Self-Advocacy in Michigan: A Statewide coalition of Self-Advocates and  
\\_\\_\\_\\_\\_ leaders](#)
- [B4 Patterns of Cultural Differences: A Conversation](#)
- [C3 My Future and My Life as an Artist, Small Business Owner and Friend](#)
- [C7 Spectrum Misconception: How our past experiences with Autism test our ability to be  
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- [D3 Music Therapy and Developmental Disabilities: What You Need to Know](#)
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- [E5 The Pillars of Self-Love: Engaging with the World from a Place of Worthiness](#)
- [E7 Nutrition for your Noggin: Foods and Brain Health](#)
- [E3 The Medicaid Autism Benefit: Tools and Resources to Manage the Applied Behavior  
\\_\\_\\_\\_\\_ Analysis Benefit](#)
- [F5 Rethinking Guardianship/Supported Decision Making](#)
- [F7 Law Enforcement Perspective on Developmental Disabilities](#)

## Workshops by Track

### On the Front Line

- [A3 Targeting Student Engagement Through Sensory-Based Strategies](#)
- [A4 Catching Hope: Hope Givers, Hope Receivers and Hope Stealers](#)
- [A7 The State of Self-Advocacy in Michigan: A Statewide coalition of Self-Advocates and leaders](#)
- [B2 The Communication of Behavior](#)
- [B4 Patterns of Cultural Differences: A Conversation](#)
- [B5 Anchors Aweigh: PCP Navigation with Independent Facilitation](#)
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- [F7 Law Enforcement Perspective on Developmental Disabilities](#)

### Nutrition

- [A6 Picky vs. Problem Eaters](#)
- [B6 Mood and Food](#)
- [C6 Decision Making for Safer Intake and Swallowing](#)
- [D6 Energy Balance in Children with Developmental Disabilities](#)
- [E7 Nutrition for your Noggin: Foods and Brain Health](#)
- [F6 The Safety and Efficacy of Vitamin Supplements](#)

# Conference Schedule

## Monday, April 17

**5:30 pm – 7:00 pm Registration**

## Tuesday, April 18

**7:30 am Registration & Breakfast**

**8:15 am Welcoming Comments**

### **8:30 am Plenary Address**

**Patricia Haney, RN Memorial Lecture: Disability, Ableism, and Rhetoric: Ethical Issues in Pediatric Disability Care**

Tyler Gibb, JD, PhD

In this lecture, a clinical bioethicist will focus on the various ways that caring for disabled children can be influenced by social, structural, and medical complexities. By drawing upon philosophical traditions, contemporary ethical debates, and emerging terminology, this lecture will challenge some of our basic assumptions about disability, caring for the disabled, and who falls into the category of 'dis'abled.

**9:30 am Break and Exhibits**

### **10:00 am Concurrent Workshops**

#### **A1 What's New in Genetics**

Helga V. Toriello

This workshop will discuss new developments in diagnosis, with an emphasis on how exome and genome sequencing are used in that approach, as well as how new genetic technologies (such as CRISPR gene editing) may ultimately be used to cure diseases.

Primary Track: Trends

Secondary Tracks: Medical

Practice Level: Intermediate

# Conference Schedule

## **A2 Anxiety: All Stressed Up & Know Where to Go!**

Sue Gabriel PMHNP-BC

Anxiety, whether a formal diagnosis or just an underlying concern affects many of us including those we serve. This talk will discuss the affects of stress on the entire human body, how it may be displayed, and most importantly what to do about it!

Primary Track: Mental Health/Psychiatry

Practice Level: Intermediate

## **A3 Targeting Student Engagement Through Sensory-Based Strategies**

Christy E. Yee M.A. OTRL

This interactive presentation will focus on sensory-based strategies (birth - high school) to increase all students' engagement in learning. Understanding sensory processing will facilitate targeted classroom interventions that benefit all students.

Primary Track: On the Front Line

Practice Level: Beginner

## **A4 Catching Hope: Hope Givers, Hope Receivers and Hope Stealers**

Sherry Rushman

One of the most important aspects of a quality life is hope. Hope Givers are people who give hope to others around them (Hope Receivers). All of us can be Hope Givers and Receivers. This training helps you learn how. Promotes people giving hope.

Primary Track: On the Front Line

Practice Level: Beginner

# Conference Schedule

## **A5 MDHHS-Home and Community Based Services Rule Project Implementation Update**

Belinda Hawks, Federal Compliance Manager, MDHHS  
Millie Shepherd, HCBS Specialist, MDHHS

The Michigan Department of Health and Human Services is currently implementing a statewide transition plan for bringing all waiver settings in Michigan into compliance with the rule. The Department will provide an update to stakeholders on this process.

Primary Track: Mental Health

Practice Level: Beginner

## **A6 Picky vs. Problem Eaters**

Denise Hoffman, OTD, OTR/L, CTL

Understand the differences between picky and problem eaters and when to refer to a specialist. Additionally, the participants will learn basic techniques to begin addressing these complex issues.

Primary Track: Nutrition

Secondary Track: Medical, Issues in Transition/Education, Mental Health/Psychiatry

Practice Level: Intermediate

## **A7 The State of Self-Advocacy in Michigan: A Statewide coalition of Self-Advocates and leaders**

Vendela M. Collins

A newly formed group of self-advocates will highlight the efforts of the group to advance self advocacy in Michigan. The presentation will identify the goals of the self advocacy network and how people with developmental disabilities can get involved.

Primary Track: Trends

Secondary Track: On the Front Line

Practice Level: Beginner

# Conference Schedule

## 11:30 am Lunch

## 1:00 pm Concurrent Workshops

### **B1 Use of antipsychotics & anticonvulsants in IDD**

Joseph L. Calles, Jr., M.D.

Psychopathology & epilepsy are commonly comorbid in IDDs. This workshop will discuss the challenges in treating those disorders, especially the potential adverse interactions between the most commonly used medications: antipsychotics and anticonvulsants.

Primary Track: Medical

Practice Level: Intermediate

### **B2 The Communication of Behavior**

Joe'L Farrar, M.Ed., CCC-SLP, BCBA

Treatment of adverse behaviors including self-injurious behaviors should begin with the individual learning skills to meet their wants and needs in functional methods. Behaviors are often a method of communication which must be interpreted.

Primary Track: On the Front Line

Secondary Track: Mental Health/Psychiatry

Practice Level: Intermediate

### **B3 LINC 2 the Community: Learning Independence by Navigating the Community**

John Haught

The journey to improve and expand community-based services in our community.

Primary Track: Issues in Transition/Education

Practice Level: Beginner



# Conference Schedule

## **B4 Patterns of Cultural Differences: A Conversation**

Cheryl Levine

A discussion about cultural differences; addressing basic concepts, and barriers.

Primary Track: On the Front Line

Secondary Track: Trends

Practice Level: Beginner

## **B5 Anchors Aweigh: PCP Navigation with Independent Facilitation**

Tammy Finn & Pat Carver

In this session, learn about Lakeshore Regional Entity contract with The Arc Kent County to meet the region needs for Independent Facilitation (IF) of Person-Centered Planning. Explore The Arc's current campaign to promote desirable futures and use of IF.

Primary Track: On the Front Line

Practice Level: Intermediate

## **B6 Mood and Food**

Olga Hadden, MD & Sarah Raiyn, MD

In this workshop, we will discuss the relationship between nutrition and how it can effect ones mood.

Primary Track: Nutrition

Secondary Track: Medical

Practice Level: Intermediate

# Conference Schedule

## **B7 Developing a Behavioral Response to the Flint Water Crisis**

Jody Lewis MA, Price Pullins MA, & Elizabeth Burtch

This workshop will discuss the importance of developing and implementing a behavioral response to the Flint Water crisis. The potential effects that lead can have on people will be discussed as well as strategies to minimize the effects of the lead.

Primary Track: On the Front Line

Practice Level: Intermediate

## **2:30 pm Refreshment Break and Exhibits**

## **3:00 pm Concurrent Workshops**

### **C1 "Attention Problems". Autism, ADHD or Intellectual disability?**

Orlando L Villegas, PhD

This presentation will shed some light on the identification of attention problems as a normal temperamental characteristic (distractibility), or as a symptom of a diagnostic entity such as ADHD, Autism or Intellectual Disability

Primary Track: Mental Health/Psychiatry

Secondary Track: Medical; Issues in Transition/Education

Practice Level: Intermediate

### **C2 Tornadoes, Hurricanes, Volcanoes, and Earthquakes: The Impact of Emotional Dysregulation in ASD**

Eric J. Dykstra, Psy.D

This workshop will present a combination of empirical background and clinical understanding of the role of emotion dysregulation in the mental health challenges associated with ASD, as well as effective treatment approaches and strategies.

Primary Track: On the Front Lines

Practice Level: Intermediate

# Conference Schedule

## **C3 My Future and My Life as an Artist, Small Business Owner and Friend**

Elizabeth Martin, Angela Martin, Patricia Carver, & Diann Dudash

This panel presentation will share how Elizabeth, an artist and small business owner who has a disability, has used services and supports to develop her business, build significant relationships, and volunteer using the tools of Self-Determination.

Primary Track: On the Front Line

Secondary Track: Trends

Practice Level: Beginner

## **C4 Exploring the Complexities of Supportive Living Options for Individuals with PWS**

Jackie Mallow

Understanding the complexities of PWS and the multi-faceted approach necessary to develop personal growth and development within a safe, supportive and therapeutic living environment.

Primary Track: Medical

Secondary Track: Mental Health/Psychiatry

Practice Level: Intermediate

## **C5 Employment First and "Income Generation for ALL" - Is it really possible?**

Annette Downey

The type of supports people are asking for is changing, and the funding for such arrangements is changing too. "REAL JOBS for REAL PAY" is the current advocacy push - how do we adapt the services we provide to deliver the employment outcomes people want?

Primary Track: Trends

Secondary Track: Issues in Transition/Education, On the Front Line, Mental Health/Psychiatry

Practice Level: Intermediate

# Conference Schedule

## **C6 Decision Making for Safer Intake and Swallowing**

Cary K. Cekola, M.A.,CCC-SLP & Katherine Rigley-Rowell, M.A.,CCC-SLP

A review of normal feeding and swallowing, overt and subtle signs/symptoms of difficulty, and steps to consider for safer intake will be covered. Examples of interprofessional teams that worked to improve QOL, health, and improved intake will be included.

Primary Track: Nutrition

Secondary Tracks: Medical

Practice Level: Intermediate

## **C7 Spectrum Misconception: How our past experiences with Autism test our ability to be person centered**

Calvin Gage, M.A., BCBA

The concept of the Autism as a spectrum stems from the wide range of unique ways in which the disorder can manifest itself. This presentation will focus how to best approach unique situations which our past experiences have not fully prepared us for.

Primary Track: Trends

Practice Level: Intermediate

**4:30 pm Adjourn**

# Conference Schedule

## Wednesday, April 19

### 7:30 am Newcomer Registration & Breakfast

### 8:15 am Welcoming Comments

### 8:30 am Plenary Address

#### 2014 Sochi Paralympic Games – A Sports Medicine Perspective

Jeffrey Kovan, DO

Review the 2014 Sochi Paralympic Experience reviewing the games, the athletes, and caring for athletes with disabilities.

### 9:30 am Break and Exhibits

### 10:00 am Concurrent Workshops

#### **D1 Special Education: Communication and dispute resolution resources**

Laurie Jamison

Learn about special education mediation & facilitation. These FREE services for parents & schools help improve communication, encourage collaborative problem-solving & can provide assistance if disputes arise that parents & schools need help resolving.

Primary Track: Issues in Transition/Education

Secondary Track: On the Front Line

Practice Level: Beginner

#### **D2 Developing Successful, Strengths-Based Behavior Plans**

Elisabeth Dahl, Psy.D.

Behavior plans are one of the most helpful interventions to support individuals with all types of challenges. Creating one without training, though, can lead to unintentional worsening of behavior. Come learn the step-by-step of successful behavior plans.

Primary Track: On the Front Line

Practice Level: Beginner

# Conference Schedule

## **D3 Music Therapy and Developmental Disabilities: What You Need to Know**

Caila Conklin, MT-BC

This workshop will provide background information on the field of music therapy, and its application with individuals with developmental disabilities, as well as an opportunity to play music and have fun!

Primary Track: Trends

Practice Level: Intermediate

## **D4 Guardianship, Alternatives to Guardianship and Informed Consent**

Lisa P. Lepine

Speaker will address alternatives to guardianship, the forms of guardianship and informed consent.

Primary Track: Mental Health/Psychiatry

Practice Level: Beginner

## **D5 Compassionate Caregivers...Pause...Breath...and Don't Pick Up the Rope!!**

Mary Ann Cate

Caregivers, are regularly confronted with frustration & feelings that can take us to the "end of ourselves". This interactive workshop will provide participants with tools that can be used to help be the best we can be for ourselves and people we support.

Primary Track: On the Front Line

Secondary Track: Medical; Mental Health/Psychiatry

Practice Level: Intermediate

# Conference Schedule

## **D6 Energy Balance in Children with Developmental Disabilities**

Thomas Akland, DO, FAAP

A discussion on the challenges and opportunities of a healthy energy balance for children with developmental disabilities

Primary Track: Medical

Practice Level: Beginner

## **D7 Voices of Adults with I/DD and their families: Michigan National Core Indicators Findings 2016**

Barbara LeRoy, Ph.D. & Ann Carrellas, ABD

This presentation will present Michigan findings of the National Core Indicators project from the perspectives of the adults with I/DD and their families who are served by the community mental health system. National and regional comparisons are given.

Primary Track: Trends

Practice Level: Intermediate

## **11:30 am Lunch**

## **1:00 pm Concurrent Workshops**

### **E1 Concussion: What do we know??**

Mathew Saffarian, D.O.

Briefly review concussion pathology/symptomology. Highlight newest concussion data and studies. Highlight updates in treatment of concussion. Briefly review CTE and updated studies regarding CTE.

Primary Track: Medical

Practice Level: Intermediate

# Conference Schedule

## **E2 Human Sexuality and Developmental Disabilities**

Molly Gabriel, PhD

Human sexuality is often viewed as a taboo subject in the general population, and even more so for those with varying developmental disabilities. This talk will focus on an overview of gender, sexual orientation, and sexuality in the DD population.

Primary Track: On the Front Line

Practice Level: Intermediate

## **E3 MDHHS Autism Program Updates**

Lisa Grost, MHSA & Brie Elsasser, M.S.Ed, BCBA

The growing prevalence of individuals with ASD has increased the demand for effective supports, resources, and services in the public Community Mental Health (CMH) system. Michigan strives to be a leader and partner in the support of individuals with ASD.

Primary Track: Trends

Secondary Tracks: Issues in Transition/Education

Practice Level: Beginner

## **E4 Housing Options for People with Disabilities**

Lisa P. Lepine

Workshop will present housing options for persons with disabilities, exploring supported living arrangements, adult foster care and group home options.

Primary Track: Issues in Transition/Education

Secondary Track: Mental Health/Psychiatry

Practice Level: Beginner



# Conference Schedule

## **E5 The Pillars of Self-Love: Engaging with the World from a Place of Worthiness**

Julia Whitcher and Jeff Whitcher

This fun, engaging presentation will focus on overcoming the vulnerabilities all of us face in everyday life and how we can nurture the pillars and six elements in ourselves to strengthen our ability to be caring and compassionate companions to others.

Primary Track: Trends

Secondary Track: On the Front Line

Practice Level: Beginner

## **E6 Medication Update in the Treatment of Osteoporosis in Cerebral Palsy**

Teresa Bailey, PharmD

The latest research on medications used in osteoporosis in cerebral palsy patients will be discussed.

Primary Track: Medical

Practice Level: Intermediate

## **E7 Nutrition for your Noggin: Foods and Brain Health**

Emily Ostrowski, MS, RD

Is it true that we are what we eat? Learn about the specific foods that can protect brain cells and improve memory and mood. Recognize foods that boost serotonin levels and how to incorporate more micronutrients and beneficial fatty acids into your diet.

Primary Track: Nutrition

Secondary Track: Medical; Trends; On the Front Line; Mental Health/Psychiatry

Practice Level: Beginner

## **2:30 pm Refreshment Break and Exhibits**

# Conference Schedule

## 3:00 pm Concurrent Workshops

### **F1 Sexual and Reproductive Health for Adolescents with Disabilities**

Colleen B. Dodich, MD

Topics during this workshop include: - Puberty and Adolescent Milestones - Gynecological Care of Individuals with Disabilities - Sexuality in Individuals with Disabilities - Sexual Abuse Potential - Reproductive and Sexuality Education

Primary Track: Medical

Practice Level: Intermediate

### **F2 Contemporary substance use issues in the developmental disability population.**

Andrew R. Champine, PsyD LP

This presentation will provide an in depth examination of contemporary issues related to substance use and individuals with developmental disabilities. The primary focus will address appropriate use vs. disordered use, screening, and brief interventions.

Primary Track: Mental Health/Psychiatry

Practice Level: Beginner

### **F3 The Medicaid Autism Benefit: Tools and Resources to Manage the Applied Behavior Analysis Benefit**

Nicole Dwyer, LPC

The Medicaid Autism Expansion allowed for coverage of Applied Behavior Analysis (ABA) for individuals ages 0-21. This presentation will provide an overview of tools and resources that can assist your network in supporting the delivery of the ASD Benefit.

Primary Track: On the Front Line

Secondary Track: Trends; Mental Health/Psychiatry

Practice Level: Intermediate

# Conference Schedule

## **F4 The MSU Autism Research Lab**

Karís Casagrande & Katherine Pickard

Our lab is interested in understanding the social communication deficits seen in children with ASD and the development and evaluation of interventions that can improve these skills. This talk will give an update on current research and direction.

Primary Track: Issues in Transition/Education

Practice Level: Beginner

## **F5 Rethinking Guardianship/Supported Decision Making**

Dohn Hoyle

We must rethink this pervasive, but outdated methodology & instead use alternatives & provide the supports, assistance & accommodations persons need to exercise choice, have their preferences honored and to participate in our communities as equal citizens.

Primary Track: Trends

Secondary Track: Medical; Mental Health/Psychiatry; Issues in Transition/Education; On the Front Line

Practice Level: Beginner

## **F6 The Safety and Efficacy of Vitamin Supplements**

Teresa Bailey, PharmD

The safety and efficacy of using vitamins, minerals, and dietary supplements were be discussed.

Primary Track: Nutrition

Secondary Tracks: Medical

Practice Level: Beginner

# Conference Schedule

## **F7 Law Enforcement Perspective on Developmental Disabilities**

Katie White MA TLLP

Discussion regarding the relationship and interactions of Law Enforcement and persons with developmental disabilities.

Primary Track: Trends

Secondary Tracks: On the Front Line

Practice Level: Beginner

**4:30 Adjourn**

# Conference Info

## Registration

The registration fee includes admission to the conference, program materials, breakfasts, refreshments, and lunches. Confirmation notices will be sent by email.

## Group Registration

A group is three or more attendees whose registration will be on a single check or credit card. Please email [ce@med.wmich.edu](mailto:ce@med.wmich.edu) with any questions about registering your group. Unfortunately, group registrations cannot be paid online.

## Cancellations

All cancellations must be received in writing email, and are subject to a 10% cancellation fee. If you cancel with 1-6 days notice, between April 12th and April 17th, you will receive a 50% refund. No refunds will be issued after the conference begins. Send cancellation notices to [ce@med.wmich.edu](mailto:ce@med.wmich.edu).

## Attire

Since meeting room temperatures and personal comfort levels vary considerably, it is recommended that you dress in layers and bring a sweater.

## Location

The Kellogg Hotel and Conference Center is located on Harrison Road on the campus of Michigan State University. From I-496, take the Trowbridge exit. Turn left on Harrison Road at the first traffic light. After passing through three traffic lights, the Center will be located on the right. For more detail, [click here](#).

## Parking

Parking is available in the parking ramp immediately adjacent to the Kellogg Hotel and Conference Center. Unfortunately, the DD Conference will not be able to validate parking this year.

## Messages

Messages for conference attendees can be left with the operator at the Kellogg Hotel and Conference Center at (517) 432-4000.

## ADA

To request disability accommodation, please email [ce@med.wmich.edu](mailto:ce@med.wmich.edu) or call (269) 337-4305. Two week's advance notice is appreciated.

For disability accommodation in lodging, please contact the hotel reservations desk.

# Conference Info

## Photo Release

A photographer will be present at the Developmental Disabilities Conference. Therefore, please note that any photographs taken at the Developmental Disabilities Conference may be used in future Developmental Disabilities Conference publications, on the Developmental Disabilities Conference website, or in other Developmental Disabilities Conference materials. Attendance or participation in the Developmental Disabilities Conference constitutes an agreement with the Developmental Disabilities Conference by the registrant for the Developmental Disabilities Conference to use and distribute the registrant's image in photographs or other electronic media of such events and activities.

## Certificates

Record of Attendance Certificates will be available upon completion of an online evaluation form. Paper certificates will not be distributed at the conference.

## Educational Accreditation

### AFC Administrator Credit

The state no longer accredits individual conferences for AFC Administrator Credits.

We recommend the following workshops for your Continuing Education:

A1, A2, A4, A5, A6, A7, B1, B2, B3, B4, B5, B6, B7, C1, C2, C3, C4, C5, C6, C7, D2, D3, D4, D5, D7, E2, E3, E4, E5, E6, E7, F2, F3, F5, F6, F7, Plenary 2.

### Physicians

Western Michigan University Homer Stryker M.D. School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Western Michigan University Homer Stryker M.D. School of Medicine designates this live activity for a maximum of 11.0 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Nurses

Western Michigan University Homer Stryker M.D. School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME). The Michigan Board of Nursing accepts continuing education credits from the ACCME.

### Social Workers

This course is approved by the Michigan Social Work Continuing Education Collaborative.

Course approval #: **110416-01**

**Up to 11 hours may be earned, but the following workshops are NOT approved for social work credit: C7 & F3**

# Conference Info

## **Lodging**

[Kellogg Hotel and Conference Center](#), \$108. Reservations may be made by phone at (800) 875-5090 or (517) 432-4000. Reservations also may be made online at <http://www.kelloggcenter.com/>. This rate is guaranteed through March 20, 2017. The Group Rate Code is: **1704WMUSCH**.

## **Additional Information**

For more information, please email [ce@med.wmich.edu](mailto:ce@med.wmich.edu).

## Individual Registration Form

Online registration at the individual rate is available at: <http://cmetracker.net/WMUMED/Login?FormName=RegLoginLive&Eventid=27777> . You can register by mailing this form to the address below or by emailing it to [ce@med.wmich.edu](mailto:ce@med.wmich.edu) . All checks must be mailed to the address below.

By registering, you agree to the terms of our photo release policy listed under Conference Info. *By registering, you also agree to the current cancellation policy listed under Conference Info. No refunds will be issued after the conference begins.* Your confirmation letter and links to handouts will be sent by email; please print legibly.

Name/Degree \_\_\_\_\_ SW License # (If Applicable) \_\_\_\_\_

Organization \_\_\_\_\_

Address \_\_\_\_\_

This is for my  home  work

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_ Email \_\_\_\_\_

Early Bird Discounts, postmarked *before* March 1  
Individual  \$195, Tuesday Only  
 \$195, Wednesday Only  
 \$255, Two Days, entire conference

Regular Registration, postmarked March 1-March 30  
Individual  \$215, Tuesday Only  
 \$215, Wednesday Only  
 \$270, Two Days, entire conference







Late Registration, postmarked after March 31 or onsite  
Individual  \$235, Tuesday Only  
 \$235, Wednesday Only  
 \$285, Two Days, entire conference

Lunch Selection  
 Regular  Vegetarian  Gluten-Free

Credit Type  
 CME  Social Work  AFC  SCECH

Payment Options  
 Check is enclosed: Check # \_\_\_\_\_  
 Personal Check  
 Company Check, payer

Approved Purchase Order form is enclosed  
PO# \_\_\_\_\_

Credit Card  
             
Number \_\_\_\_\_  
Expiration Date \_\_\_\_\_  
Cardholder's Name \_\_\_\_\_  
Signature \_\_\_\_\_

Please Make Checks Out To:  
WMed  
Attn: DD Conference  
PO Box 50391  
Kalamazoo, MI 49005-0391



## Group Registration Form

Group rates are only available by mail or email. You can register by mailing this form to the address below or by emailing it to [ce@med.wmich.edu](mailto:ce@med.wmich.edu). All checks must be mailed to the address below. Billing information is listed on the 2<sup>nd</sup> Page of this Registration Form. Once this registration form is submitted, no other individuals may be added to the group listed below. All those listed below must be paid for in one payment. If more than 8 individuals are in a group – please submit both forms at the same time.

By registering, you agree to the terms of our photo release policy listed under Conference Info. *By registering, you also agree to the current cancellation policy listed under Conference Info in our Brochure.* Your confirmation letter and links to handouts will be sent by email; please print legibly.

Name/Degree \_\_\_\_\_ SW License # (If Applicable) \_\_\_\_\_

Credit Type:  CME  Social Work  AFC  SCECH Email: \_\_\_\_\_

Registration:  Tues Only  Wed Only  Both Days Lunch Selection:  Regular  Vegetarian  Gluten-Free  
(Fee Schedule Listed Below)

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Name/Degree \_\_\_\_\_ SW License # (If Applicable) \_\_\_\_\_

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Registration:  Tues Only  Wed Only  Both Days Lunch Selection:  Regular  Vegetarian  Gluten-Free  
(Fee Schedule Listed Below)

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### Responsible Party Billing Information - Required

Organization \_\_\_\_\_

Billing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_ Email \_\_\_\_\_

### **TOTAL DUE:**

**\$** \_\_\_\_\_

Early Bird Discounts, postmarked *before* March 1

\$180, One Day

\$240, Two Days

Regular Registration, postmarked March 1-March 30

\$200, One Day

\$255, Two Days

Late Registration, postmarked after March 31 or onsite

\$220, One Day

\$270, Two Days

### Payment Options

Check is enclosed: Check # \_\_\_\_\_

Personal Check

Company Check, payer

Approved Purchase Order form is enclosed

PO# \_\_\_\_\_

Credit Card

Number \_\_\_\_\_

Expiration \_\_\_\_\_ Date \_\_\_\_\_

Cardholder's Name \_\_\_\_\_

Signature \_\_\_\_\_

Please Mail to  
WMed  
Attn: DD Conference  
PO Box 50391  
Kalamazoo, MI 49005-0391