Teaching Leadership Skills to Intellectually Disabled Consumers

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Objective:

Identify effective methods for the practical application of concepts related to improving the delivery of services for persons with developmental disabilities.

Identify and emphasize attitudes that enhance the opportunities for persons with DD to achieve their optimal potential.

Develop strategies to promote community inclusion in meeting the needs of persons with developmental disabilities.

Notes:
Please answer the following questions that best describes you.

1. Do I handle complaints made against me in a fair way?
   a. Always
   b. Sometimes
   c. Never

2. Do I say and do nice things for myself when I have earned it?
   a. Always
   b. Sometimes
   c. Never

3. Do I make complaints I have about others in a fair way?
   a. Always
   b. Sometimes
   c. Never
4. Do I let people know when I feel a friend has not been treated fairly?
   a. Always
   b. Sometimes
   c. Never

5. Do I let others know what I am feeling and do it in a good way?
   a. Always
   b. Sometimes
   c. Never

6. Do I make complaints I have about others in a fair way?
   a. Always
   b. Sometimes
   c. Never

7. Do I try to stay out of situations that might get me in trouble?
   a. Always
   b. Sometimes
   c. Never

8. Do I recognize the feelings I have at different times?
   a. Always
   b. Sometimes
   c. Never
9. Do I know what makes me afraid and do things so that I don’t stay that way?
   a. Always
   b. Sometimes
   c. Never

10. Do I deal with it well when someone accuses me of doing something?
    a. Always
    b. Sometimes
    c. Never

11. Where there is a problem, do I try to find out what caused it?
    a. Always
    b. Sometimes
    c. Never

12. Do I deal positively with being left out of some activity?
    a. Always
    b. Sometimes
    c. Never

TOTAL-   A____   B____   C____

All questions were taken from Skillstreaming- the Adolescent. A Guide for Teaching Prosocial Skills. NSO’s leadership curriculum was also taken from the guide and all research is evidence based.