MEDMATES



RESIDENTS • SPOUSES • SIGNIFICANT OTHERS • FAMILIES

ADULTS' NIGHT OUT



WINGS AT LOUIE'S

Wednesday | 7 pm: Louie's Trophy House (629 Walbridge Street, Kzoo).

Wednesday is Wings Wine & Whiskey night at Louie's with \$3 Jim, Jack, Jack Fire and Jack Honey, \$3 glasses of wine and open mic starts at 9 pm. MedMates will cover the appetizers/ wings. Please text Sarah Bjorklund so we can get a rough headcount: 608-415-0548.

MEDMATES TIME

2/28 Wed

GAME NIGHT AT ONE WELL

2/28 Wednesday | 6 pm: One Well (4213 Portage Street, Kzoo). Join us for games and darts. The kids can play in the play area! MedMates will pay for appetizers.





WELLNESS CLUB

2/23 **RECIPE SWAP** Friday | 6:30 pm: Cooper's (3430 Oakland Dr. Kzoo). Park on Amherst. Let's swap our favorite recipes and chat about food. The recipes don't have to be healthy ;). RSVP to Ashley (214) 924-5005 so she knows how many snacks to get. Feel free to bring wine or your favorite beverage.

GIRLS' NIGHT

4/24 HOT DRINKS Saturday | 11am: Fourth Coast Cafe (816 South Westnedge Ave. – below Crow's Nest): Let's meet up for the best hot chocolate and coffee that Kalamazoo has to offer! MedMates will cover the cost of drinks. RSVP to Becca at (517) 667-6383.

KIDS' PLAYGROUP

For all: RSVP to Brendan 620-886-0500.

2/7 AIRZOO Wednesday | 10am: 6151 Portage Road, Portage. Join us for some fun riding rides and learning about planes! MedMates with cover cost for 1 Adult (\$15. 50) and 1 Child (\$14.50) ages 0-4 are Free! Feel free to stay for lunch and bring/buy lunch also.

VALENTINE'S DAY PARTY

2/14 Wednesday | 10 am: At Cassy Elg's House (6844 Rothbury Street,

Portage). Join us for some fun! We will exchange Valentine's so make sure you RSVP so we can get a count. Bring a snack to share if you would like. Lunch will be provided.



	CHICK-FIL-A BREAKFAST/PLAY
2/21	PLACE Wednesday 10 am: Come
	join us for breakfast and let the kids
play! MedMates covers a portion of the cost.	

 BENJAMMIN Saturday | 10-11 am: Old Dog
2/24
Tavern 402 E. Kalamazoo Ave, Kzoo. Join us for some fun educational/ interactive music! Come early for
breakfast or stay after for brunch, MedMates
will cover a portion of the cost!

KALAMAZOO VALLEY MUSEUM



Wednesday | 10 am at 230 N. Rose St., Kzoo. Come have some fun exploring the museum! Admission is Free.

CONTACT US TO GET INVOLVED OR TO SHARE EVENT IDEAS

- See MedMates monthly email for more details on each event
- · MedMates covers some or all of the cost associated with these events



KZOOMEDMATES@GMAIL.COM