ADULTS’ NIGHT OUT
BEER AND DONUTS
Wednesday | 7pm: Meet up at Boatyard Brewery for beer and donuts. We’ve rented the entire back tap room area just for you! Eat dinner first (cause Boatyard food isn’t the greatest) BUT leave some room for Sweetwater Donuts! MedMates will cover the cost of donuts.

MEDMATES TIME
FIREFWORKS
Monday | Dusk ~10pm: Walgreens in Portage (corner of Shaver and Centre). It’s not the 4th of July without fireworks! Bring a lawn chair or blanket to sit on the ground and enjoy the Portage fireworks display.

RICHLAND 4TH OF JULY PARADE
Tuesday | 11am: Meet in front of Richland Dentistry, 8499 Gull Rd, Richland, MI 49083 at 10:00 am. Bring a lawn chair or blanket to sit on and don’t forget a bag for the candy.

KIDS’ PLAYGROUP
TODDLER JUMP TIME
Sunday | 10am–12 pm at Skyzone. $7.99/hour per toddler (ages 1-5). Parents are free when asking for a Parent Pass (this allows you to show your child how to jump but you cannot jump the whole time with them) If parents want to jump they are $9.95. Skyzone socks are required (I think they are $2 a pair and reusable).

FOOD TRUCK FRIDAY
Friday | Noon: Bronson Park: Let’s meet for lunch at the park where there is a number of different food trucks to choose from. Then we can picnic in the park. RSVP to Becca 517-667-6383.

GIRL’S NIGHT
KALAMAZOO ART HOP
Friday | 5:30pm: Downtown Kzoo. Let’s meet up and enjoy the art exhibits and all Art Hop has to offer! RSVP to Becca Hamoud: 517-667-6383.

WINE TASTING AT HENDERSON CASTLE
Sunday | 4pm: Henderson Castle: Spend a Sunday afternoon tasting six different kinds of wine while enjoying the atmosphere of Henderson Castle. The cost is $15 per person. RSVP to Becca 517-667-6383 by July 17th so spots can be reserved.

CRAFT CLUB
CRAFT NIGHT
Tuesday | 7pm: Join us for a night of crafts & fun! All ages welcome, location to be announced! RSVP to Anita 734.855.5702.

CHERRY PICKING
Saturday | 4pm: Husted’s Farm for Cherry Picking (9191 West Main Street, Kzoo). MedMates will reimburse a portion of the cost.

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CONTACT US TO GET INVOLVED OR TO SHARE EVENT IDEAS
• See MedMates monthly email for more details on each event
• MedMates covers some or all of the cost associated with these events

KZOOMEDMATES@GMAIL.COM /MEDMATESKALAMAZOO