

MEDMATES

JULY

2017



RESIDENTS • SPOUSES • SIGNIFICANT OTHERS • FAMILIES

ADULTS' NIGHT OUT

7/12 BEER AND DONUTS

Wednesday | 7pm: Meet up at Boatyard Brewery for beer and donuts. We've rent out the entire back tap room area just for you! Eat dinner first (cause Boatyard food isn't the greatest) BUT leave some room for Sweetwater Donuts! MedMates will cover the cost of donuts.

MEDMATES TIME

7/3 FIREWORKS Monday | Dusk ~10pm:

Walgreens in Portage (corner of Shaver and Centre). It's not the 4th of July without fireworks! Bring a lawn chair or blanket to sit on the ground and enjoy the Portage fireworks display.

7/4 RICHLAND 4TH OF JULY PARADE

Tuesday | 11am: Meet in front of Richland Dentistry, 8699 Gull Rd, Richland, MI 49083 at 10:00 am. Bring a lawn chair or blanket to sit on and don't forget a bag for the candy :)

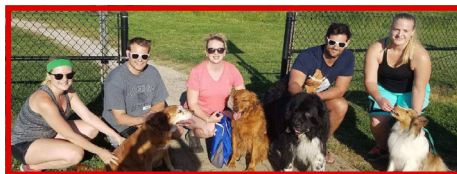
7/4 4TH of JULY BBQ Monday | 6:35pm:

3320 Iroquois Trail, Kzoo. Last year was such a blast that we decided to throw another party! Please bring a dish to share and MedMates will provide meats (burgers & hot dogs) and buns. If you want a chair, beer and/or fireworks, bring them as well. We're looking for pyros to help with fireworks, so let Natalie know if you're interested. RSVP on email link or Facebook event page.

7/8

CHERRY PICKING Saturday | 4pm:
Husted's Farm for Cherry Picking
(9191 West Main Street, Kzoo).

MedMates will reimburse a portion of the cost.



GIRL'S NIGHT

7/7

KALAMAZOO ART HOP

Friday | 5:30pm: Downtown Kzoo. Let's meet up and enjoy the art exhibits and all Art Hop has to offer! RSVP to Becca Hamoud: 517-667-6383.

7/23

WINE TASTING AT HENDERSON CASTLE

Sunday | 4pm: Henderson Castle: Spend a Sunday afternoon tasting six different kinds of wine while enjoying the atmosphere of Henderson Castle. The cost is \$15 per person. RSVP to Becca 517-667-6383 by July 17th so spots can be reserved.

7/28

FOOD TRUCK FRIDAY

Friday | Noon: Bronson Park: Let's meet for lunch at the park where there is a number of different food trucks to choose from. Then we can picnic in the park. RSVP to Becca 517-667-6383.

CRAFT CLUB

7/18

CRAFT NIGHT Tuesday | 7pm: Join us for a night of crafts & fun! All ages welcome, location to be announced!

RSVP to Anita 734.855.5702

KIDS' PLAYGROUP

7/9

TODDLER JUMP TIME

Sunday | 10am-12 pm at Skyzone. \$7.99/hour per toddler (ages 1-5). Parents are free when asking for a Parent Pass (this allows you to show your child how to jump but you cannot jump the whole time with them) If parents want to jump they are \$9.95. Skyzone socks are required (I think they are \$2 a pair and reusable).

7/13

RIVER OAKS SPLASH PAD

Thursday | 10am: 9202 E Michigan Ave Galesburg, MI 49053. Let's have some fun splashing around in the water. The park charges \$5 per car to enter. MedMates will reimburse \$5 per family for entry fee.

7/15

BENJAMMIN Saturday | 10am: Old Dog Tavern. Event is free unless you want to buy breakfast.

7/18

LAKEVIEW PARK

Tuesday | 10am Let's enjoy some time outside in the morning before it gets too hot! We can play on the playground equipment, bring a basketball or volleyball, enjoy a walk on the paved trails, or even bring a fishing pole!

7/22

SOUTH HAVEN BEACH DAY

Saturday | 10am Everyone is welcome to come meet up at the beach. Let's soak up the sun and enjoy beautiful Lake Michigan! You may pack a lunch if you wish or grab some food or yummy ice cream in town.

7/27

BLUEBERRY PICKING

Thursday | 10am: Brookside Farms, 34448 44th Ave Paw Paw, MI 49079. Medmates will reimburse up to \$15 per family.



WESTERN MICHIGAN UNIVERSITY
Homer Stryker M.D.
SCHOOL OF MEDICINE

CONTACT US TO GET INVOLVED OR TO SHARE EVENT IDEAS

- See MedMates monthly email for more details on each event
- MedMates covers some or all of the cost associated with these events



KZOOMEDMATES@GMAIL.COM



/MEDMATESKALAMAZOO