

# MEDMATES

NOV

2017



RESIDENTS • SPOUSES • SIGNIFICANT OTHERS • FAMILIES

## ADULTS' NIGHT OUT

**11/12** **SUSHI & CAMPFIRE** Sunday | 6 pm:  
Casey & Kim Hoehn's (709 Westbury Lane, Kzoo). Join us for a toasty campfire, drinks and Maru's sushi and appetizer tailgate special. MedMates will provide food (Vegetarian options will be available). BYOB

## WELLNESS CLUB

**11/4** **WALK AND TALK**  
Saturday | 10:30 am: Asylum Lake Preserve (3836 S Drake Rd, Kzoo). If raining, walk will be canceled. Contact Ashley (214) 924-5005 with any questions. Feel free to bring your pets.

**11/18** **WMU TURKEY TROT 5K RUN/WALK AND BRUNCH**  
Saturday | 8-11 am: WMU Recreation Center (1903 West Michigan Ave/ Kzoo). Check out our Facebook page for additional details. Please RSVP to Ashley (214) 924-5005. A portion of the entry fee will be reimbursed.



## GIRLS' NIGHT

**11/11** **HOLIDAY PARADE AND TOUR THE LADIES LIBRARY**  
Saturday | 10:00am - Noon:  
Kalamazoo, MI. The Kalamazoo Ladies Library is one of the oldest women's clubs in the nation, focused on empowering women through education. Join in a guided tour of the historic building and learn the history of the Ladies Library. The tour is followed by cinnamon rolls, hot beverages and a great view of the holiday parade! The tour is \$5, MedMates will reimburse. RSVP to Elisabeth (503) 688-3787 by November 9.

**11/18** **LINE DANCING** Saturday | 7:00-9:00 pm: Cowboy Up (22046 M-60, Mendon, MI). Sharpen your boot scootin' skills while enjoying the live band! MedMates will cover the cost of the lessons. RSVP to Becca (517) 667-6383 by Nov. 16th.

## KIDS' PLAYGROUP

For all: RSVP to Brendan 620-886-0500.

**11/2** **JUNGLE JOES FAMILY FUN CENTER** Thursday | 10 am: 7255 S. Sprinkle Rd, Portage, MI 49002. The largest indoor inflatable bounce fun center in Kalamazoo area. \$10/person for unlimited play. \$2/ 23 mo and younger. \$3/ participating adults. MedMates will reimburse admission for 2 people/ family. SOCKS required.

**11/8** **CAROUSEL STORYTIME**  
Wednesday | 11 am: Crossroads Mall (6650 S Westnedge Ave, Portage, MI). Come listen to a story, enjoy a free Carousel ride, snack and craft to do!



**11/11** **KALAMAZOO HOLIDAY PARADE**  
Saturday | 11 am: Downtown Kalamazoo. This year's parade will include a special thanks to our Veterans, in addition to the traditional holiday themed floats and music everyone has grown to love over the years!

**11/16** **AIRZOO** Thursday | 10 am:  
6151 Portage Road in Portage, MI. Come play at the AirZoo! \$15.50/ Adult; \$14.50/Children 5-18 yrs; Child 0-4 is Free. MedMates will reimburse one Adult and one Child admission.

**11/30** **KALAMAZOO VALLEY MUSEUM**  
Thursday | 10 am: 230 North Rose St., Kzoo. Come check out the newly remodeled children's landscape area and learn about guitars! Free admission!



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