

MedMates

For Residents, Spouses, Significant Others and Families

November 2012

Mark Your Calendar!

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| Playgroup | Nov 7 th , 14 th , & 28 th |
| Girls Night Out | Saturday, November 10 th |
| Guys Night Out | Thursday, November 15 th |
| Book Club | Tuesday, November 20 th |
| Community Service | Monday, November 19 th |
| Craft Club | Tuesday, November 13 th |
| Adult's Night Out | Monday, November 26 th |

Community Service

Our November community service activity will be at the Kalamazoo Salvation Army (1700 South Burdick Street, Kalamazoo, MI 49001) on **Monday, November 19th at 6:00 pm. We will be helping to assemble and box Thanksgiving dinners that will be distributed to needy families in the area; to make it more fun, we will be timed to see how quickly we can pack up the boxes. This event only lasts about an hour, so try to get there right at 6 or a little before! Pizza will be provided for all volunteers. If you're interested in helping out with this great event, please **RSVP** to Dan Raubenolt (danraubenolt@gmail.com or 419-606-1514) by **November 17th**. Feel free to come without RSVP if your schedule changes last minute.

Playgroup

Playgroup meets **weekly on Wednesdays** from **10am – 12pm**, unless otherwise noted.

Feel free to come at any time;
don't worry about being late!

November 7th – Wolf Lake Fish Hatchery

(34270 CR 652 Mattawan, MI 49071)
Join us for a self guided tour. We will explore the visitor center where there is a museum, short video, and plenty of fish! The hatchery provides pellets to feed the fish, and if the weather is good, we will explore some trails and fish ponds. So bring a coat, just in case!

November 14th – November Crafts

(Laurie Jastifer's Home – 1835 Banbury Rd, Kalamazoo, MI 49001)

We will have a few Thanksgiving crafts for the kids to do if they would like; or just come and play!

November 21st – No Playgroup

Happy Thanksgiving!

November 28th – Kalamazoo Valley Museum

(230 N Rose St. Kalamazoo, MI 49007)
Meet at 10am in the Children's Landscape area for a short circle time program. The museum has a great kid's area they can play in afterwards. Museum admission is free.

Easiest parking is the parking structure located north of the museum off of Rose and Eleanor Streets.

Catch up with MedMates online! Find us on **Facebook** (search "MedMates") and **Google Calendar** (search by email address – kzoomedmates@gmail.com)!

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Girls Night Out

Join the girls for lunch at Food Dance (401 E. Michigan Ave., Kzoo 49007) on **Saturday, November 10 at 12:00 p.m.** We look forward to meeting you if this is your first event. MedMates will reimburse you for a portion of your bill. An attached parking lot is located just north of the restaurant and additional Food Dance parking is located across the street on the south side of Michigan Ave. Please RSVP by Wednesday, November 7 to Angela Michalsen (angelamsu@gmail.com), Kelly Coney (KellyConey22@gmail.com), or on the MedMates Facebook Page.

Book Club

This month, our periodization leads us to... Colonial America! Need book ideas? Check out goodreads.com for recommendations and link up with other MedMates. Come join us at Black Owl Cafe (414 Walbridge Street, Kalamazoo, MI 49007) on **Tuesday, November 20 at 6:30pm** and enjoy a bite or two on MedMates. (There's a possibility that we might meet on the second floor of the cafe.) RSVP to Miljoy on the Facebook event page or at mgallegosavino@gmail.com. We hope to see you there!

Adult's Night Out

Join us for Wine Night. We will meet at Danielle Hirsch's home (address to follow, as she is currently out of the country!) at **7pm on Monday, November 26th**. Different wines will be provided along with snack pairings. Find a sitter for the kids and come enjoy some adult time with a glass of wine, or come for the company! Please RSVP to Richard Chang Richard.Chang@med.wmich.edu or on Facebook by November 23rd. Forgot to RSVP? Join us anyway!

Guys Night Out

"Guys Night Out will be "turkey free" at The Kalamazoo Beer Exchange (211 East Water St. Kalamazoo, 49007) for drinks and appetizers on **Thursday, November 15 at 6pm**. Beer Exchange is a unique bar and grill that features a real-time stock exchange on beer pricing. MedMates will cover the appetizers, playing the beer market is up to you! We'll plan on meeting downstairs in the bar area with the pool tables so that you can come and go as you like. RSVP to Justin Simpson at justin.a.simpson@gmail.com by November 14th if you plan on coming. Looking forward to seeing you there!"

Craft Club

Preserve Michigan's stunning fall colors all year! This month at craft club we will be making fall leaf candle holders. All supplies, some light snacks, and friendly company will be provided. Come **Tuesday, November 13, 2012 at 7:30pm** to Larissa and Jason Hamel's house, 2423 Pasadena St. Kalamazoo, MI 49001. Please RSVP on facebook or to Larissa at alarissa@gmail.com. Call if you need directions! [909-362-3452](tel:909-362-3452)

Birth Announcement

The Thomas family (Becca and Mark, Transitional Year) welcomed David Jay on October 4, weighing 7 pounds 4 ounces. He is welcomed home by Zina (7), Wilson (5), and Sammy (2). Congratulations Thomas Family! If you are interested in bringing them a meal, please e-mail Laurie Jastifer (ljastifer@yahoo.com).

****The Kalamazoo Holiday Parade will be November 10th at 11 am in Downtown**

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