

MEDMATES



MONTHLY EVENTS NEWSLETTER | RESIDENTS • SPOUSES • SIGNIFICANT OTHERS • FAMILIES

DECEMBER



12/9 DIY CRAFT WREATH TUTORIAL

Wednesday | 11am: Time to get your creative juices flowing with a pinterst worthy DIY! We'll be making Scandinavian inspired winter wreaths to add some beauty to our homes this season. We'll be providing the craft supplies but make sure you have a glue gun on hand! **RSVP by December 1** so we can order supplies and text Ariel for porch pickup at (503) 475-0787

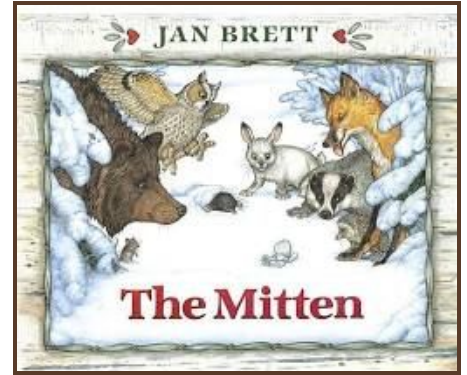
ALL activities are virtual.



12/11 - COOKING NIGHT

Friday | 6pm:

Bring the flavors of the classic street food, chicken schwarma, to your kitchen with homecooks Dr. and Mrs. Turner! Cook along with us as we make Oven-Roasted Chicken Schwarma, Tzatziki sauce, and turmeric rice and naan. **RSVP by December 8** to reserve your own basket of ingredients and recipe cards (about 4-6 servings per basket). Vegetarian options are available, please make note of that when you RSVP! Text Abby at (434) 426-3836 for more information or to RSVP. Not interested in making it yourself but would like to watch?-- text Abby for zoom call info.



12/19 - CHILDREN'S

STORYTIME AND CRAFT
Saturday | 10am

Tune in for a read aloud and discussion of "The Mitten" by Jan Brett followed by a craft with former kindergarten teacher and resident spouse, Michelle Price. Independent activity for Preschool+ or toddlers with parent assistance for the craft. Please message Michelle on Facebook or at michelley858@gmail.com and include your home address and number of child participants **by December 14**. Materials will be mailed to you. Later RSVPs may join for the story on zoom but might not have materials on time.