

# MEDMATES



MONTHLY EVENTS NEWSLETTER | RESIDENTS • SPOUSES • SIGNIFICANT OTHERS • FAMILIES

## AUGUST



### 8/5 - HAPPY HOUR AT

#### LOUIE'S TROPHY HOUSE

**Wednesday | 5:00pm:**

Located at the oldest bar in Kalamazoo, Louie's! (629 Walbridge St, Kalamazoo, MI 49007). Come have some drinks and food! Wing's are 70 cents starting at 5pm! MedMates will cover some appetizers. Contact Melissa (630)-981-1381 with questions.



### 8/12 - CRAFT DAY - LET'S

#### MAKE BABY WIPES!

**Wednesday | 9:30-11:30am:**

Make-and-take baby wipes for your kids! This event is limited to 6 people due to space and supplies. RSVP is required.

Contact Ashley (518)-470-0508 for the address and to reserve your spot!



### 8/13 - GOLFING

**Thursday | 6:45pm:** Lake Doster Golf Club (116 Country Club Blvd, Plainwell, MI 49080). Tee time is 7pm, please arrive 15 minutes early so we have the right head count! MedMates will cover a portion of the costs. Contact Allen with questions (217)-971-6130.

### 8/19 - PLAYGROUP BEACH

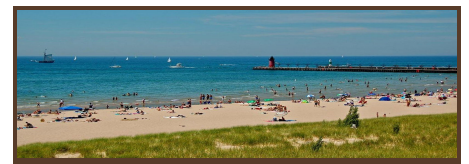
#### MORNING!

**Wednesday: 9:30am:** Located at Markin Glen County Park (5309 N. Westnedge Ave, Kalamazoo, MI) Great for all ages! Big and little! MedMates will be providing water, juice, and snacks. Come and go as you please. Contact Ashley with any questions at (518)-470-0508.



### 8/15 - KAYAKING IN PORTAGE

**Saturday | 11:00am:** Ramona Park & Beach (8600 S. Sprinkle Road, Portage, MI 49002). You can rent for as little as an hour, or 4-6 hours. They also have canoes and paddle boards if that is more your speed. MedMates will cover \$15 per rental. Meet at the rental place! Contact Melissa (630)-981-1381 with questions.



### 8/22 - BEACH DAY WITH

#### PADDLE BOARDING!

**Saturday | 10:00-2:00pm:** North Beach in South Haven (45 Lakeshore Dr, South Haven, MI 49090). Let's meet at the beach, look for a blue umbrella! MedMates will cover \$15 per rental. Contact Abby (434)-426-3836 or Rachel (330)-401-7329 with questions!



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MEDMATES - KALAMAZOO